

## PROGRAM OVERVIEW

Professional Child and Youth Care practitioners (CYCs) specialize in helping children, youth and families improve their lives. As a student, you will receive training in areas such as counselling, addictions, sexuality, recreation, mental health and special needs. Your courses will place a strong emphasis on practice and application, including four levels of supervised field placement in a variety of settings. Unlike many other colleges, we will provide you with field placements that are scheduled alongside your academic courses so you can practice and process what you are learning. Theory and application will be woven together throughout your training so you will have many opportunities to gain hands-on experience and learn from the experiences of others.

This program has a long history of innovation and uniqueness within the Province. The CYC program at Sault College will prepare you to positively affect the lives of children, youth and families throughout your career.

## PROGRAM OUTCOMES

***A graduate of the Child and Youth Care Program at Sault College will reliably demonstrate the ability to:***

1. develop and maintain relationships with children, youth and their families applying principles of relational practice and respecting their unique life space, cultural and human diversity.
2. assess and respond to the strengths and needs of children and youth, including complex responses impacted by developmental, environmental, physical, emotional, social and mental health challenges in order to promote positive change.
3. analyze and evaluate the impact of the inter-relationship among family, social service, justice and community systems on children, youth and their families and use this information in the planning of holistic care and in the reduction of systemic barriers.
4. plan, implement and evaluate interventions using evidence-informed practices in the areas of therapeutic milieu and programming, and group work to promote resiliency and to enhance development in children, youth and their families.
5. advocate for the rights of children, youth and their families and maintain an anti-oppression perspective and cultural competence in diverse cultural contexts.
6. apply communication, teamwork and organizational skills within the interprofessional team and with community partners to enhance the quality of service in child and youth care practice.
7. develop and implement self-care strategies using self-inquiry and reflection processes to promote self-awareness and to enhance practice as a child and youth care practitioner.
8. use evidence-based research, professional development resources and supervision models to support professional growth and lifelong learning.

### Reference

Ministry of Training, Colleges and Universities Child and Youth Care Program Standards (MTCU 60701) September 2014.

## ADMISSIONS

## MINIMUM ACADEMIC REQUIREMENTS

Ontario Secondary School diploma with Grade 12 English (C) ENG4C, or mature student status.

## ACADEMIC RECOMMENDATIONS

Child and Youth Care is a relationship-based profession that requires the ability to understand and engage with others in meaningful ways. The work can be deeply rewarding and satisfying but it does require both physical and emotional stamina. You will be called upon to recognize and respond to the physical, psychological and behavioural needs of children, youth and families, and to work effectively as a member of a professional team. You are best suited to this profession if you are enthusiastic, non-judgemental and sensitive to the needs and feelings of others.

## CAREER PATHS

Child and Youth Care practitioners work in treatment centres, group homes, schools, social agencies, hospitals, children's aid societies, youth programs, recreational programs, youth justice facilities, and community development. Some choose self-employment. Sault College Child and Youth Care graduates are well-trained in their profession and have the skills needed to get hired (e.g. interview skills, resume-writing skills, job-search skills). They enter a competitive market and succeed.

## MANDATORY FEES

Domestic		International	
Tuition	Ancillary	Tuition	Ancillary
\$2,648.20	\$885.00	\$14,838.60	\$1,345.00

These fees are for the 2020-2021 academic year (year 1 of study) and are subject to change. Please visit your Student Portal to view your Schedule of Fees.

## CLINICAL/LAB OR FIELD PLACEMENTS

### Placement Eligibility Requirements:

All students are required to submit documentation of completion of placement eligibility procedures prior to entering field placement. If the appropriate documentation is not received by the CYC program deadline of mid-November in the first semester, you will not be eligible for fieldwork in the following semester. To be eligible for fieldwork and in accordance with the requirements of our community partners who facilitate your learning opportunities, all students must complete the following:

A current (within one year) Police Records Search is required by students as they will be enrolled in a program during which they will have unsupervised access to vulnerable persons. For detailed information regarding the specifics and process, please refer to the 'Police Records Search Procedure'. All costs associated to these requirements are the responsibility of the student.

Immunization & Health Record Form:

This form includes the following immunization requirements:

- Immunity against measles, mumps, and rubella
- Current tetanus-diphtheria

The student must sign a Statement of Confidentiality Form.

Current Certification in CPR (Level C) and First Aid, and WHIMS

We strongly recommend that applicants, for their own personal safety, receive the Hepatitis B vaccine and maintain a current influenza immunization. However, these are not requirements for entry into the program.

## EDUCATIONAL PATHS

If you want to pursue a University Degree after graduation, or if you already hold a related University Degree or College Diploma, the following options will be of interest:

### **Get a Degree; CYC Diploma for University Graduates; CYC Diploma for ECE Graduates; CYC Diploma for SSW/SSWN Graduates**

If you have finalized all academic requirements for a CYC advanced diploma from another Ontario college, but wish to complete your placement requirements through a unique northern experience, information about a September to April placement pathway can be found under the following heading:

#### **Placement Completion Option for CYC Transfer Students**

##### **1. Get a Degree**

For students who choose to continue their education after graduation, the Sault College Child and Youth Care Program and Algoma University here in Sault Ste. Marie have one of the best College-to-University Credit Transfer Agreements in the Province, allowing our graduates to complete a Bachelor's Degree in Psychology at Algoma in just one academic year, dependent on GPA. Additional information on the process to transfer credit is available on the Algoma University website. Similar opportunities for advanced standing exist at other Universities and Colleges including Windsor, Ryerson, Athabasca, Griffith University and Humber College.

##### **2. CYC Diploma for University Graduates**

If you have a degree in Psychology, but lack specialized field experience, our Degree Plus Diploma option may be for you.

In one academic year, you can achieve a three year Diploma that is accredited by the Provincial Ministry of Advanced Education and Skills Development and recognized throughout Canada. You will acquire practical skills and meaningful field experience under the supervision of well-qualified mentors. In addition, you will become eligible to apply for full professional membership in the Ontario Association of Child and Youth Care (OACYC).

A Child and Youth Care Diploma will complement your theoretical knowledge and enhance your employability by providing you the specialized skills and credentials to work with children, adolescents and families in a broad range of settings.

#### **Entrance Requirements**

- BA in Psychology from an Accredited University
- Overall B average in area of concentration
- Current Resume (including volunteerism, workshops, PD activity)
- Placement Eligibility (as per College/Program requirements)
- Academic advisement interview with CYC Program Coordinator or Designate.

**\* Course of Study**

**Semester A (Fall)**

- CYC200-3 Integrated Seminar II
- CYC206-3 Child Care Methods III
- CYC302-9 Community Practicum III
- CYC202-3 Counselling Skills I
- GEN100-3 Global Citizenship
- CYC203-3 Group Dynamics I
- CYC300-3 Family Dynamics

**Semester B (Winter)**

- CYC251-3 Group Dynamics II
- CYC252-3 Youth in Conflict with the Law
- CYC253-3 Counselling Skills II
- CYC254-3 Abuse & Family Violence
- CYC250-3 Psychopathology 1A
- CYW326-7 Community Practicum IV
- CYC351-3 Integrated Seminar IV

In order to maximize learning opportunities for University graduates, CYC200 and CYW307 will be considered co-requisites in the fall semester, for these applicants only.

\* Individual maps may vary somewhat based on prior experience and/or the particular course content of specific degrees, but will comprise no less than 52 required credits overall. These determinations will be made in consultation with the Program Coordinator at the time of application.

**Registration Notes**

Following the academic advisement interview you will apply to CYC through the OCAS process. Once accepted, you will then be manually streamed to the correct semester and enrolled in your required courses. Further information can be obtained through the Office of the Registrar and the Financial Aid office.

This opportunity is specific to persons with a BA in Psychology but applicants with related degrees will be considered on an individual basis. In these circumstances, block transfers of credit may be reduced. For applicants who do not meet the minimum academic requirements, the credit transfer process may be limited to a course to course basis. All program offerings are subject to sufficient enrolment. Published information is subject to change without notice.

**3. CYC Diploma for ECE Graduates**

As a graduate of an Early Childhood Education Diploma program, you have acquired extensive experience and knowledge in supervised child-centred practicum settings and you have a strong understanding of creative expression, teaching methods, professionalism, program planning and child development. In acknowledgement of your prior learning, and in recognition of the broad foundational and philosophical commonalities between our programs, ECE graduates will receive advanced standing equivalent to one full year of study in the three year Child and Youth Care program at Sault College.

\* Individual maps may vary somewhat based on the course content and sequencing of specific diploma

programs. These determinations will be made in consultation with the Program Coordinator at the time of application.

A Child and Youth Care Diploma will complement your ECE training by providing you the necessary skills and credentials to work effectively with older children, adolescents and families in a variety of circumstances. You will be trained in the specific applications of counselling, group dynamics and case management skills that are central to Child and Youth Care. As a dual Diploma graduate, you will be more diverse in your skill sets and better qualified to seek employment in a broad range of settings.

### **Entrance Requirements**

- Early Childhood Education Diploma from an Accredited College
- CPIC and Health Documentation (as per College/Program requirements)
- Academic advisement interview with CYC Program Coordinator or Designate

### **Program Duration for ECE Diploma Graduates**

The duration of the advanced standing option for ECE graduates is four semesters with a September start.

### **Registration Notes**

Following the academic advisement interview you can apply to Semester One through the OCAS process. Once accepted, you will be manually enrolled in your required courses. Further information can be obtained through the Office of the Registrar and the Financial Aid office.

This opportunity is specific to persons with an ECE Diploma. Applicants who wish to transfer from ECE to CYC prior to completion will continue to access and transfer credit according to the established format. All program offerings are subject to sufficient enrolment. Published information is subject to change without notice.

## **4. CYC Diploma for SSW/SSWN Graduates**

As a graduate of a Social Service Worker Diploma program, you have acquired extensive experience and knowledge of ethical practice, professionalism and social understanding from a generalist perspective. In acknowledgement of your prior learning, and in recognition of the broad foundational and philosophical commonalities between our programs, SSW graduates will receive advanced standing equivalent to one full year of study in the three year Child and Youth Care program at Sault College.

\*Individual maps may vary somewhat based on the course content and sequencing of specific diploma programs. These determinations will be made in consultation with the Program Coordinator at the time of application.

A Child and Youth Care Diploma will complement your SSW training by providing you the specialized skills and credentials to work effectively with children, adolescents and families in a variety of circumstances. You will be trained in youth and family oriented applications of counselling, group dynamics and developmental processes that are central to Child and Youth Care. As a dual Diploma graduate you will be more diverse in your skill sets and better qualified to seek employment in a broad range of settings.

### **Entrance Requirements**

- SSW Diploma from an Accredited College
- CPIC and Health Documentation (as per College/Program requirements)
- Academic advisement interview with CYC Program Coordinator or Designate

### **Program Duration for SSW/SSWN Diploma Graduates**

The duration of the advanced standing option for SSW graduates is four semesters with a September start.

## Registration Notes

Following the academic advisement interview you can apply to Semester One through the OCAS process. Once accepted, you will be manually enrolled in your required courses. Further information can be obtained through the Office of the Registrar and the Financial Aid office.

This opportunity is specific to persons with an SSW or SSWN diploma. Applicants who wish to transfer from SSW/SSWN to CYC prior to completion will continue to access and transfer credit according to the established format. All program offerings are subject to sufficient enrolment. Published information is subject to change without notice.

## 5. Placement Completion Option For CYC Transfer Students

If you have finalized all academic requirements for a CYC advanced diploma from another Ontario college, but wish to complete your placement requirements through a unique northern experience, we offer a September to April option that is equivalent to four levels of community practicum. Once you have successfully completed your two block placement experiences and their accompanying seminar courses, you will be eligible to graduate with a CYC Diploma from Sault College. Most significantly, your professional qualifications will be enriched and supported by a real experience of relational practice in a northern context.

The courses required for this option are as follows:

### Fall

CYC306-21 Community Practicum V: Block 1 - and - CYC301-3 Seminar 111

### Winter

CYC355-22 Community Practicum V1: Block 11 - and - CYC351-3 Seminar 1V

## Registration Notes

Following the academic advisement interview with the program coordinator or designate, you will apply to the Sault College CYC through OCAS. Once accepted, you will then be manually streamed to the correct semester and enrolled in your required courses. Further information can be obtained through the Office of the Registrar and/or the program Coordinator.

This opportunity is specific to persons who have successfully completed all academic requirements for graduation from a three year CYC Diploma program at another Ontario College, **with the exception of their field placement requirements**. If you do not meet the stated criteria, the credit transfer process may be limited to a course to course basis. This stream of study is subject to sufficient enrolment and departmental approval. Published information is subject to change without notice.

## Degree Plus Diploma Poster

## OTHER INFORMATION

For more information contact Program Coordinator Melanie Jones at 705.759.2554, ext?2548 or email: [melanie.jones@saultcollege.ca](mailto:melanie.jones@saultcollege.ca).

## PROGRAM OF STUDY

## **SEMESTER 1**

CMM110-3 College Communication Skills  
CYC100-3 Introduction to Human Relations  
CYC101-3 Substance Use Continuum  
CYC102-4 CYC Methods I: Intro to Profession  
PSY102-3 Introduction to Psychology  
GEN100-3 Global Citizenship

## **SEMESTER 2**

CMM225-3 Human Services Communication  
CYC150-3 Integrated Seminar I  
CYC151-7 Community Practicum I  
CYC152-3 Therapeutic Recreation  
CYC153-3 Child and Adolescent Development I  
CYC154-3 Addictions: Evidence Informed Practice  
CYC155-3 CYC Methods II: Behavioural Intervention

## **SEMESTER 3**

CYC200-3 Integrated Seminar II  
CYC201-9 Community Practicum II  
CYC202-3 Counselling Skills I  
CYC203-3 Group Dynamics I  
CYC204-3 Child and Adolescent Development II  
CYC205-3 CYC Family Practice  
CYC206-3 CYC Methods III: Case Management

## **SEMESTER 4**

CYC250-3 Psychopathology of Childhood and Adolescence I  
CYC251-3 Group Dynamics II  
CYC252-3 Youth In Conflict with the Law  
CYC253-3 Counselling Skills II  
CYC254-3 Abuse and Family Violence

### ***Select one of the following:***

*GEN110: Student Selected General Education*

**Note:** \*This student-selected general education course code indicates a general-education course is taken in this semester. Students will choose from a selection of courses ([details](#)) prior to the semester in which the student-selected general education course is to be taken.

## **SEMESTER 5**

CYC300-3 Family Dynamics  
CYC301-3 Integrated Seminar III  
CYC302-9 Community Practicum III  
CYC303-3 Psychopathology of Childhood and Adolescence II  
CYC304-3 Working with Diverse Populations  
CYC305-3 CYC Methods IV: Trauma Focused Therapies

## **SEMESTER 6**

CYC350-3 Human Sexuality  
CYC351-3 Integrated Seminar IV  
CYC352-3 Working with Gender and Sexual Minorities  
CYC353-9 Community Practicum IV  
CYC354-4 Community Development

SSC110-

## Course Descriptions

### Semester 1

#### **College Communication Skills (CMM110) (3 credits)**

This course is designed to help students develop the skills necessary to communicate effectively in their programs and at the college level. Students will think critically to capture the meaning of messages and respond appropriately; produce coherent, clear paragraphs and essays; and purposefully research and responsibly integrate credible sources into their own writing. Emphasis is placed on the writing process, from planning to revising, while providing opportunities to explore various modes of communication.

#### **Introduction to Human Relations (CYC100) (3 credits)**

This course introduces students to principles and practices of effective human relations with particular emphasis on professional applications in Child & Youth Care. Students will have opportunities to integrate theory and skill development in interpersonal communications and self-understanding.

#### **Substance Use Continuum (CYC101) (3 credits)**

This course introduces the student to the continuum of substance use and the impact of substance dependence. Students will develop an understanding of substance use, abuse and dependence on individuals and as a social issue, from a Child and Youth Care perspective.

#### **CYC Methods I: Intro to Profession (CYC102) (4 credits)**

This course introduces students to the field of Child and Youth Care including a review of professional knowledge, skills, and attitudes that are uniquely those of the competent Child and Youth Care practitioner. The course prepares students for fieldwork experiences in educational settings and introduces them to skills and issues related to observation, reporting, policies and ethics, and confidentiality.

#### **Introduction to Psychology (PSY102) (3 credits)**

A study of the science of psychology; its methods, concepts and theories, including the following topic areas: (1) biological bases of behaviour and perceptual processes; (2) intelligence, learning and memory; (3) motivation and emotion, and (4) states of awareness. Psychological concepts will be studied with a view towards how they can be applied to enhance the student's understanding of psychological adaptation and the cases and consequences of human behaviour.

#### **Global Citizenship (GEN100) (3 credits)**

The world we are living in is one in which local, national and international issues are interwoven, and the need for us to understand the impact these issues can have on our lives has never been greater! Using a socio-cultural, political and environmental lens, students will view how the world is changing and how to become active agents of change from the local to international level. Important issues such as social injustice, poverty, environmental protection, resource scarcity, sustainability, and health will be addressed. Global citizenship is an opportunity to `Be the Change`. This course meets the Civic Life and Social and Cultural Understanding General Education themes.

### Semester 2

#### **Human Services Communication (CMM225) (3 credits)**

This course prepares students for employment in the human service professions. Emphasis is placed on



career exploration and the production of a variety of written and oral communications suited for the various purposes and audiences relevant to this profession. In this course, the principles of writing are taught through the writing process.

**Integrated Seminar I (CYC150) (3 credits)**

This course is a co-requisite to Community Practicum I. Its focus is on professional skill development, with a particular emphasis on relational practice, communication, identification of personal and professional goals, and developing and implementing strategies that promote positive behavioural outcomes for children and youth.

**Community Practicum I (CYC151) (7 credits)**

This is the first level of field placement in the Child and Youth Care program. Its emphasis is on the integration of theory and practical experience and the development of the student as a professional Child and Youth Care Practitioner

**Therapeutic Recreation (CYC152) (3 credits)**

Therapeutic Recreation is designed to familiarize students with a wide range of therapeutic recreational activities and the use of same in achieving identified goals for general and/or specific client populations. Emphasis is placed on providing clients with opportunities for personal growth and development through therapeutic recreational experiences.

**Child and Adolescent Development I (CYC153) (3 credits)**

Part 1 of this course provides an intensive study of the psychological, cognitive, physical and social development of the child from conception to early childhood. Psychological concepts, theories and research will be examined in relation to the child's development. The application of theory and research to the problems of childhood will be discussed.

**Addictions: Evidence Informed Practice (CYC154) (3 credits)**

This course addresses the role of the Child and Youth Care Practitioner in supporting children, youth and families impacted by addictions. Its emphasis is on intervention strategies in the areas of therapeutic programming, individual counselling and group work pertinent to treatment aims for the client.

**CYC Methods II: Behavioural Intervention (CYC155) (3 credits)**

This course focuses on behavioural interventions and techniques that are reflective of Child and Youth Care Methodology and relational practice. The course will prepare students to understand and respond to the emotional and behavioural needs of children and youth in ways that promote positive change and self-regulation.

**Semester 3**

**Integrated Seminar II (CYC200) (3 credits)**

This course is a co-requisite to Community Practicum 2. Its focus is on professional skill development, with a particular emphasis on prevention and intervention strategies for youth-at-risk, and standards of professional conduct. Students will use self-reflection activities, self-care processes and responsiveness to feedback as tools for enhancing their own professional competence.

**Community Practicum II (CYC201) (9 credits)**

This is the second level of field placement in the Child and Youth Care program. Its emphasis is on the integration of theory and practical experience and the development of the student as a professional Child and Youth Care Practitioner.

**Counselling Skills I (CYC202) (3 credits)**

This course is an introduction to CYC counselling competencies and processes. It is designed to introduce the student to the techniques of the helping interview. Emphasis is on strength-based approaches, hands-on skill development, and the implications of self-awareness to a helping interview. Extensive practice will occur to reinforce the skill orientation of the course.

**Group Dynamics I (CYC203) (3 credits)**

This course examines current research and theory in understanding group roles and function. Various group techniques and approaches will be explored in an experiential context to enable the student to develop entry-level skills in working effectively with groups. An emphasis is placed on understanding the individual within the group and each student will be encouraged to examine his/her own personal traits and skills in order to develop and implement a strategy to enhance these in the professional context.

**Child and Adolescent Development II (CYC204) (3 credits)**

This course is a continuation of Child and Adolescent Development 1. It provides an intensive study of human development from middle childhood to the end of adolescence. Included will be an examination of psychological, physical, cognitive and social growth and development. In some instances, abnormal development and behaviour will be contrasted with normal patterns.

**CYC Family Practice (CYC205) (3 credits)**

This course introduces students to the Child and Youth Care perspective on working with families in their daily lives. Students will examine the behavioral, developmental and psycho-social strengths and needs of children, youth and families in relation to their current family environments. Practical application of strategies and assessment tools appropriate to the family environment will be introduced.

**CYC Methods III: Case Management (CYC206) (3 credits)**

This course examines various aspects of the therapeutic process with primary emphasis on children and youth and their psychosocial needs. There will be a detailed examination of and practice with the assessment process as it relates to program planning and development. Emphasis will be placed on the concept of comprehensive psychosocial enhancement. In that regard, case management issues ranging from access to evaluation will be studied with a view to further defining and developing the Child and Youth Care Practitioner's role in the therapeutic process.

**Semester 4**

**Psychopathology of Childhood and Adolescence I (CYC250) (3 credits)**

Various disorders of childhood and adolescence will be examined from a holistic perspective (including biological, psychological and social factors). Each disorder will be explored intensively with respect to its impact on the individual, the family and the community. Extensive examination of symptoms, causes, treatment and prevention approaches will be included. Special emphasis will be placed on assessment, case formulation and intervention strategies from the Child & Youth Care perspective.

**Group Dynamics II (CYC251) (3 credits)**

This course is designed to build on the skills developed in Group Dynamics I. Opportunities will be provided for the individual student to demonstrate and develop skills in group leadership and group programming. The course will focus on the CYC practitioners role and the therapeutic interventions that are possible and/or feasible in groups.

#### **Youth In Conflict with the Law (CYC252) (3 credits)**

This course provides a practical orientation to the Youth Criminal Justice Act, including a review of origins and philosophical principles and how legislation is operationalized, with an emphasis on the local service delivery system. It examines the role of the CYC in the prevention of youth crime as well as in intervention at the community level. It focuses particularly on treatment of youth in conflict with the law, including both general and specific programming techniques.

#### **Counselling Skills II (CYC253) (3 credits)**

As follow up to Counselling Skills I, this course is designed to promote further development of dimensions of helping. New skills in supporting and motivating clients toward their identified goals will be added to the existing framework of attending skills. Client-centered skills are examined further with a particular focus on intentional applications.

#### **Abuse and Family Violence (CYC254) (3 credits)**

This course examines issues of abuse and family violence from both a personal and a societal perspective. There is a particular emphasis on the role of the professional CYC in providing support and intervention, and a review of best practices in assessment, treatment and prevention.

#### **Student Selected General Education (GEN110) (3 credits)**

For Transfer Credit Purposes only.

### **Semester 5**

#### **Family Dynamics (CYC300) (3 credits)**

In this course, students examine various evidence-based methodologies and review a representative sampling of family interventions. The course has a practical orientation as various aspects of parenting within the present societal demands of family life are explored. A focus on interventions geared specifically to building strengths within the family is a key component of the course. Social factors impacting families will also be reviewed.

#### **Integrated Seminar III (CYC301) (3 credits)**

This course is designed as a follow-up to your previous Integrated Seminar courses, and as a co-requisite to Community Practicum III. Its focus is on the articulation of the prevention and intervention strategies utilized in the field and related to the issues of youth, their families and their communities, as well as one's own professional development as a CYC Practitioner.

#### **Community Practicum III (CYC302) (9 credits)**

This course is one of two senior levels of Community Practicum training in the Child and Youth Care Program. Its emphasis is on the integration of theory and practical experience and the further development of the student as a professional Child and Youth Care Practitioner.

#### **Psychopathology of Childhood and Adolescence II (CYC303) (3 credits)**

This course is a continuation of Psychopathology of Childhood and Adolescence I. It builds on prior

competencies and examines a range of disorders of childhood, adolescence and young adulthood not previously addressed. These psychopathologies will be examined from a holistic perspective and explored intensively with respect to their impact on the individual, the family and the community. Extensive examination of symptoms, causes, treatment and prevention approaches from the Child and Youth Care perspective will be included.

#### **Working with Diverse Populations (CYC304) (3 credits)**

This course focuses on the student's ability to understand and respond effectively to multicultural and cross-cultural issues, and issues of diversity and human rights as pertinent to the work of a Child & Youth Care Practitioner. There will be particular emphasis on self-awareness and skill development in planning and implementing therapeutic approaches for building bridges and resolving conflicts within the context of a diverse and multicultural society.

#### **CYC Methods IV: Trauma Focused Therapies (CYC305) (3 credits)**

This course examines various therapeutic approaches and philosophies with a particular emphasis on current best practices in trauma focused therapies. It includes opportunities for extensive practice and application of techniques and strategies, and builds on students' prior knowledge and training in counselling skills and developmental processes.

### **Semester 6**

#### **Human Sexuality (CYC350) (3 credits)**

This course explores human sexuality from a variety of perspectives, including physical, emotional, environmental and societal influences. Its purpose is to provide students with the necessary knowledge, skills and attitudes to support children, youth and families in developing and maintaining safe and healthy relationships.

#### **Integrated Seminar IV (CYC351) (3 credits)**

This course is designed as follow-up to the previous Integrated Seminar course, and as a co-requisite to Community Practicum IV. Its focus is on the students growth and development both personally and professionally. The concept of professionalism will be explored with respect to career planning, commitment, communication and ethics. Self-assessment, interview skills and employment preparedness will be emphasized.

#### **Working with Gender and Sexual Minorities (CYC352) (3 credits)**

This course prepares students to work effectively with children, youth and families who are gender and sexual minorities. The focus will be on developmental issues, use of sensitive and direct questioning techniques, strategies for engagement, support and creating safe spaces. Students will become familiar with best practice models in assessing specific needs of these clients, engaging in positive treatment planning, making appropriate referrals, and advocacy.

#### **Community Practicum IV (CYC353) (9 credits)**

This course is one of two senior levels of Community Practicum training in the Child and Youth Care Program. Its emphasis is on the integration of theory and practical experience and the further development of the student as a professional Child and Youth Care Practitioner.

#### **Community Development (CYC354) (4 credits)**

This is an experiential course that focuses on building healthy communities through processes that are

inclusive, self-determining and community driven. The course includes a theoretical orientation to best practices in community development together with extensive opportunities for practical application and direct skills training. There will be a particular emphasis on professionalism, creativity and commitment.

(SSC110) ( credits)