



Sault College News Release

For immediate release

Sault College announces its newest partnership with the University of Wales Trinity Saint David

(Sault Ste. Marie, ON October 22, 2013) Students at Sault College will now have an opportunity to attend the University of Wales Trinity Saint David. Located on the Carmarthen campus in the United Kingdom, Fitness and Health Promotion students will have the opportunity to transfer their credits to the University of Wales to receive a BSc (Hons) degree in Health and Exercise Referral. The University is part a growing industry of educators with over 160 years of experience in offering physical education.

“This partnership is the only one of its kind in an Ontario College,” notes Fran Rose, Dean, Health Wellness and Continuing Education. “Not only will this program assist our graduates in gaining further knowledge and research skills, it will provide an international experience while they complete their degree in one academic year.”

This innovative degree program invites eligible graduates of the two-year Fitness and Health Promotion diploma at Sault College to transfer their credits towards a three-year honours Bachelor of Science in Health and Exercise Referral. If the student chooses, they can apply to complete a Master's degree in the second year at University of Wales Trinity Saint David.

Sophie D’Agostino is a recent graduate of Sault College’s Fitness and Health Promotion program who is currently pursuing the transfer degree at the University of Wales Trinity Saint David.

“I was originally planning to go away to an Ontario university to complete my Bachelor's Degree with my Fitness and Health Promotion Diploma from Sault College. This would normally take three years to complete. When I found out that I would be able to complete my Bachelor's Degree in one year at the University of Wales Trinity Saint David, I was ecstatic! This is a once-in-a-life-time opportunity to get out there and explore the world while getting my degree. There was no way I could let an amazing opportunity like this pass me by,” notes D’Agostino.

For more information on the Fitness and Health Promotion program at Sault College and the new transfer agreement with the University of Wales Trinity Saint David, contact Tania Hazlett, Sault College’s Fitness and Health Promotion coordinator at 705-759-2554 ext. 2442.

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About the Fitness and Health Promotion Program at Sault College

The Fitness and Health Promotion program provides students with the skills to safely assess, design, implement and evaluate personal, group and community fitness and health promotion programs. The program is meant to instil communication and leadership skills to facilitate and coach these programs. As a graduate, students will have the skills to assess, develop and lead health and fitness strategies and programs for individuals, groups and communities to maximize their potential and reach new goals through enhanced fitness and increased quality of life for all. Visit our website at www.saultcollege.ca to learn more.

Please contact:
Tessa Pino, Communications Officer
Sault College
705.759.2554 ext. 2830
www.saultcollege.ca